

# Welcome to Northern Hills MS



**Incoming 7th Grade Family Meeting**

**WHO**

**WE ARE**

# Relationships Matter



# 10 Growth Mindset Statements



What can I say to myself?



INSTEAD OF:

TRY THINKING:

I'm not good at this.

I'm awesome at this.

I give up.

This is too hard.

I can't make this any better.

I just can't do Math.

I made a mistake.

She's so smart. I will never be that smart.

It's good enough.

Plan "A" didn't work.

1 What am I missing?

2 I'm on the right track.

3 I'll use some of the strategies we've learned.

4 This may take some time and effort.

5 I can always improve so I'll keep trying.

6 I'm going to train my brain in Math.

7 Mistakes help me to learn better.

8 I'm going to figure out how she does it.

9 Is it really my best work?

10 Good thing the alphabet has 25 more letters!



**SMOOTH  
TRANSITIONS**

# Getting Comfortable

- \* Student Curriculum Overview - Monday & Tuesday of this week**
- \* 6th Grade visit to NHMS - May 24th**
- \* 7th Grade Registration - August 23rd**

# What to Expect

- \* **PowerSchool**
- \* **Letter Grades**
- \* **Student Responsibility**
  - \* **Homework**
  - \* **Agenda/Teacher Websites**

# Our Schedule

7<sup>th</sup>

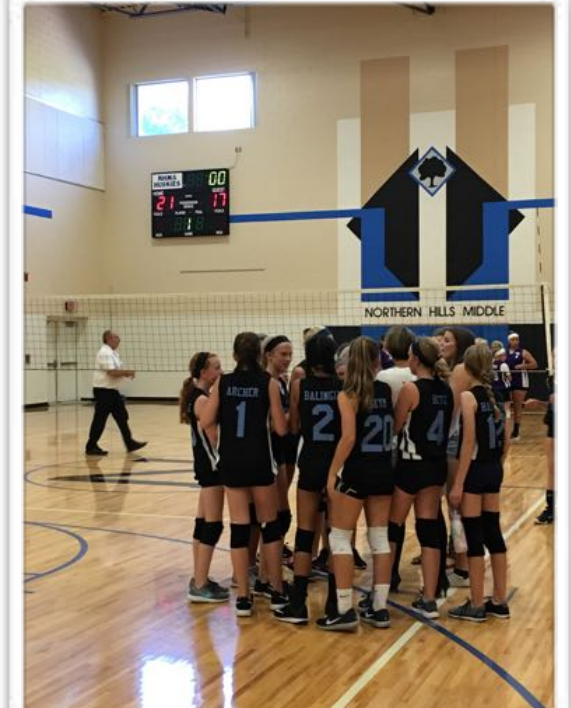
Homeroom	7:45-8:08
1 <sup>st</sup>	8:13-9:10
2 <sup>nd</sup>	9:15-10:12
3 <sup>rd</sup>	10:17-11:14
Lunch	11:14-11:44
4B	11:49-12:46
5 <sup>th</sup>	12:51-1:48
6 <sup>th</sup>	1:53-2:50

*Before?*

*After?*



# Get Involved!



# Communications

**Keep up with NHMS News and other information!**

Online: [www.fhps.net/middle-schools/northern/](http://www.fhps.net/middle-schools/northern/)

Facebook: [www.facebook.com/NHMSHuskies](http://www.facebook.com/NHMSHuskies)

Twitter: [@NHMSHuskies](https://twitter.com/NHMSHuskies)

Instagram: [@NHMSHuskies](https://www.instagram.com/NHMSHuskies)

Text Alerts: Text @nhmsfhps to 81010

*Life In The Middle* - Friday Newsletter



Instagram



Twitter

# Life In The Middle

A Weekly Update from NHMS

# PTO

- \* **Connecting Families to NHMS**
- \* **Open Positions - 2018/19**
- \* **Committee Chairs**
- \* **Jane Ashby - President**  
[northernhillsparentgroup@gmail.com](mailto:northernhillsparentgroup@gmail.com)

# Course Description Guide

Northern Hills  
Middle School



Course Catalog  
2018-19

<https://www.fhps.net/wp-content/uploads/2018/03/NHMS-Course-Catalog-18-19.pdf>

# Completing The Scheduling Form

## Welcome to the NHMS Class Registration System for 2018-2019!

Course offerings are based on the choices you make today. Think carefully before you make your selections!

**This course selection form is DUE to your 6<sup>th</sup> grade Homeblock teacher by Monday, March 26<sup>th</sup>!**

Check if you are in Spanish Immersion (4.5 CR)

Check if you are in Chinese Immersion (5.0 CR)

Check if you are non-immersion (4.0 CR)

# Completing The Scheduling Form

Check **ONLY IF** you opted into the screening process last January for placement into Challenge classes.

**\*\*When results from Challenge screening are made available, your NHMS counselor will place you into the correct classes.**

## Additional Classes

**7<sup>th</sup> Grade Music (optional):**

**Total: 1.0 CR (FULL YEAR)**

Band 7

Choir 7

Orchestra 7

# Completing The Scheduling Form

- Art Explorations (0.5 CR)
- Photo, Yearbook, & Creative Imaging (1.0 CR)
- Draw, Paint, Print (0.5 CR)
- Clay/Sculpture (0.5 CR)
- Digital Imaging (0.5 CR)
- Intro. to Spanish (0.5 CR)
- PE for 1 semester (0.5 CR)
- Chinese Drama & Communications (0.5 CR) \*Must be enrolled in the Chinese Immersion program
- Support Hour (1.0 CR) \*Must be part of student's IEP
- Drama & Creative Writing (0.5 CR)
- GLI Lead the Way (0.5 CR)
- Outdoor Exploration (0.5 CR)
- Intro. Engineer/Robotics (0.5 CR)
- Engineering/Robotics 2 (0.5 CR)
- Computer Science Discoveries 1 (0.5 CR)
- Computer Science Discoveries 2 (0.5 CR)
- PE for 2 semesters (1.0 CR)



# Completing The Scheduling Form

**Add the total credits from p. 1 to the total credits on p. 2.**

**Your FINAL total should be = 6.0 CR**

In case you cannot get into some of the exploratory classes you selected above, please list 3 alternate classes:

1<sup>st</sup> alternate: \_\_\_\_\_ 2<sup>nd</sup> alternate: \_\_\_\_\_ 3<sup>rd</sup> alternate: \_\_\_\_\_

Due to your Homeblock teacher on March 26<sup>th</sup>!

Parent/Guardian Signature: \_\_\_\_\_ Phone: \_\_\_\_\_ Date: \_\_\_\_\_

# Sample Schedule - No Music

## First Semester (each class = .50 credit)

Homeroom

1<sup>st</sup> hour – Language Arts

2<sup>nd</sup> hour – Social Studies

3<sup>rd</sup> hour – Math

LUNCH (7th graders only)

4<sup>th</sup> hour – Science

5<sup>th</sup> hour – PE

6<sup>th</sup> hour – Lead the Way

(1st semester = 3.0 credits)

## Second Semester (each class = .50 credit)

Homeroom

1<sup>st</sup> hour – Robotics

2<sup>nd</sup> hour – Math

3<sup>rd</sup> hour – Drama

LUNCH (7th graders only)

4<sup>th</sup> hour – Science

5<sup>th</sup> hour – Social Studies

6<sup>th</sup> hour – Language Arts

(1st = 3.0 + 2nd 3.0 = 6.0)

# Sample Schedule - Music

## First Semester (each class = .50 credit)

Homeroom

1<sup>st</sup> hour – Language Arts

2<sup>nd</sup> hour – Social Studies

3<sup>rd</sup> hour – Math

LUNCH (7th graders only)

4<sup>th</sup> hour – Science

5<sup>th</sup> hour – Orchestra

6<sup>th</sup> hour – Digital Imaging

(1st semester = 3.0 credits)

## Second Semester (each class = .50 credit)

Homeroom

1<sup>st</sup> hour – Math

2<sup>nd</sup> hour – Social Studies

3<sup>rd</sup> hour – PE

LUNCH (7th graders only)

4<sup>th</sup> hour – Science

5<sup>th</sup> hour – Orchestra

6<sup>th</sup> hour – Language Arts

(1st = 3.0 + 2nd 3.0 = 6.0)

# Sample Schedule - SI Immersion

## First Semester (each class = .50 credit)

Homeroom

1<sup>st</sup> hour – SI Lang. Arts

2<sup>nd</sup> hour – Outdoor Expl.

3<sup>rd</sup> hour – Math

LUNCH (7th graders only)

4<sup>th</sup> hour – Science

5<sup>th</sup> hour – Music/Elective

6<sup>th</sup> hour – SI Social St.

(1st semester = 3.0 credits)

## Second Semester (each class = .50 credit)

Homeroom

1<sup>st</sup> hour – Math

2<sup>nd</sup> hour – SI Social St.

3<sup>rd</sup> hour – 21st Cent. Comp

LUNCH (7th graders only)

4<sup>th</sup> hour – Science

5<sup>th</sup> hour – Music/Elective

6<sup>th</sup> hour – SI Lang. Arts

(1st = 3.0 + 2nd 3.0 = 6.0)

# Sample Schedule - CHI Immersion

## First Semester (each class = .50 credit)

Homeroom

1<sup>st</sup> hour – Language Arts

2<sup>nd</sup> hour – CHI Lang/Lit

3<sup>rd</sup> hour – Math

LUNCH (7th graders only)

4<sup>th</sup> hour – Science

5<sup>th</sup> hour – Music/Elective

6<sup>th</sup> hour – Social Studies

(1st semester = 3.0 credits)

## Second Semester (each class = .50 credit)

Homeroom

1<sup>st</sup> hour – Math

2<sup>nd</sup> hour – CHI Lang/Lit

3<sup>rd</sup> hour – Social Studies

LUNCH (7th graders only)

4<sup>th</sup> hour – Science

5<sup>th</sup> hour – Music/Elective

6<sup>th</sup> hour – Language Arts

(1st = 3.0 + 2nd 3.0 = 6.0)

# Thank You

**Scheduling Questions?  
Contact our Counseling office at  
616-493-8650**